

About Farnham Family Services

Farnham Family Services is a NYS licensed, private, not-for-profit organization that helps people with substance use and behavioral health disorders, providing high quality, recovery oriented outpatient treatment and prevention services that are available to all residents of Oswego and surrounding counties.

All services are licensed by the NYS office of Alcoholism and Substance Abuse Services. Farnham Family Service's professional staff is comprised of skilled licensed and credentialed Master level therapists.

Farnham Family Services have proudly provided services to the Oswego County community since 1971. Our treatment clinics and offices are conveniently located in the cities of Oswego of Fulton. Our agency strictly conforms to Federal Confidentiality Laws, New York Sate Confidentiality Laws, HIPPA and professional standards.

Fees: Farnham Family Services accepts most insurances and Medicaid in addition to a sliding fee self-pay scale. We never refuse treatment to anyone due to an inability to pay and will assist anyone in obtaining Insurance/Medicaid coverage or payment after they are admitted.

Coalition to Combat Adolescent Substance Abuse in Oswego County

The mission of the Coalition is to increase developmental protective factors and decreased risk factors as we address adolescence substance abuse in Oswego County.

Our Coalition is comprised of parents, youth, teachers, law enforcement, religious leaders, health providers, community activists and others who are mobilizing at the local level to make our communities safer, healthier and drug-free.

Contact us to join or for more information!

oswegocountyasapc@gmail.com

Our Agency Philosophy

At Farnham Family Services, we uphold the highest degree of professionalism , and promote a caring atmosphere to those who are adversely affected by alcohol and other drugs. We will continue our mission with an uncompromising commitment to quality and excellence.

Mission Statement

The mission of Farnham Family Services is to reduce and eliminate the abuse of alcohol and other drugs in the Oswego community through the provision of treatment services, education, and intervention strategies, as well as networking with appropriate community agencies and providers of addiction related services.

www.farnhaminc.org

Funding Sources:

- NYS Office of Alcoholism and Substance Abuse Services
- United Way of Greater Oswego County
- Oswego City, County Youth Bureau

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Hours of Operation: Mon-Thurs: 8 am- 7pm ; Fri 8am-4pm



**Central Region
Addiction Resource Center**



PREVENTION SERVICES

Farnham delivers a wide range of prevention services including evidence-based education programs, skills development workshops, training sessions for parents, teachers, and other professionals, positive alternative activities for youth and policy change and enforcement efforts to reduce substance use and underage drinking.

Prevention Counseling:

Prevention counseling is a short-term, problem-resolution-focused prevention service approach that is designed to assess and improve the levels of youth and family risk and protective factors to prevent or reduce substance use, problem gambling, and the negative consequences of such behaviors. These services are implemented in Oswego County Schools. Student Assistance Counselors implement evidence-based curriculum to prevent substance abuse, violence, delinquency and the risk and protective factors that predict these behaviors.

Clubhouse Services:

In partnership with Oswego County Opportunities, Farnham offers Clubhouse services to youth between the ages of 12 and 21 years old. The physical location of the Club House is at Oswego County Opportunities, Midtown Plaza location. The clubhouse provides a community-based, non-clinical setting for promoting long-term recovery through skill building, recreation, education, wellness, evidence-based prevention programs and other social activities. Services offered at the Clubhouse will include mentoring, life-skills training, job readiness and community involvement and activities.

Education and Trainings:

Substance abuse prevention educational activities aim to decrease risk factors and increase protective factors by improving pro-social attitudes, increasing understanding of the consequences of substance use, teaching critical social skills and improving substance use knowledge. Community trainings are offered upon request.

Training Institute:

The Training Institute provides re-credentialing hours for the CASAC and CPP. Courses offered include topics such as:

Ethical Standards in Prevention and Substance Abuse Treatment

Focus on Prevention: Prevention Programs and Strategies to Prevent Adolescent Substance Use Substance Use Disorders

OUTPATIENT TREATMENT SERVICES

Farnham Family Services provides recovery oriented, strengths based treatment services. Our person centered philosophy provides the individualized approach identified as a best practice in addiction treatment.

Services Available include:

- Comprehensive assessments and evaluations for drugs/alcohol includes: medical assessment and psychosocial evaluation with individualized recommendations for treatment
- Intensive and Non-intensive outpatient services
- Individualized Counseling
- Group Treatment Counseling:
 - ◇ Dual diagnosis (substance use mental illness) groups
 - ◇ Opiate groups
 - ◇ Psycho-educational groups
 - ◇ Therapy groups
 - ◇ Recovery groups
 - ◇ Adolescent services
 - ◇ Family, couples counseling
- Services for any individual affected by another's chemical use
- Care Management: facilitate referrals with other levels or types of medical care
- Case management: via long standing collaborations to support clients in other life areas (transportation, housing, physical health, vocational etc)
- Staff available for consultation

OPIOID TREATMENT

Farnham Family Services has opened Oswego County's first Opioid Treatment Program (OTP) to combat what has been termed the "heroin epidemic". Per the Centers for Disease Control and Prevention (CDC) "Heroin-related overdose deaths have more than quadrupled since 2010" and Oswego County has not been immune. The statistics on fatalities are sobering. Addiction to opiates, also has negative effects on physical and mental health, family, work, school, criminal behavior, overall functioning and society. Farnham 's OTP will provide residents of Oswego and neighboring counties a potentially life-saving opportunity and have a positive impact on the greater Oswego community.

Farnham's OTP will offer medication assisted recovery services to individuals with opioid substance use disorder.

- Medications, when taken as prescribed, will allow the individual to discontinue use of heroin and illicit opiates with diminished or alleviated symptoms of withdrawal, reduced or alleviated cravings. and can provide a blockade effect if other opiates were to be used.
- The patient does not get "high" when taking the medications properly.
- Three medications for treating opioid substance use disorder are methadone, buprenorphine and vivitrol.
- In the program will offer patients crucial wrap around services by a competent and caring multidisciplinary treatment team including a physician, registered nurses, master's level therapists, support staff and more.
- Services offered include but are not limited to individual counseling, group therapy, physicals, family involvement, case management and referrals to other services as needed.

SUBOXONE PROGRAM

Farnham Family Services is now offering Suboxone in the outpatient clinic. Suboxone contains a combination of buprenorphine and naloxone. Buprenorphine is an opioid medication, sometimes called a narcotic. Naloxone blocks the effects of opioid medication, including pain relief or feelings of well-being that can lead to opioid abuse.

- Clients must be admitted in to the outpatient clinic to receive services.
- The client's primary clinician will contact the suboxone clinic and arrange for the client to have a history and physical.
- The Prescribing Professional will assess the appropriateness for receiving suboxone.