

CURIOUS ABOUT CANNABIS?



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You want to talk
about cannabis?

With all this talk about cannabis, marijuana, CBD, cartridges, edibles, and others, it's no wonder so many teens have questions!

Are you curious about cannabis?

Ask someone. Start the conversation.

Seek out counselors in your school.

Talk to school staff.

Talk to your parents.

Open conversations about cannabis are the best way to get smart about it.

It's ok to be curious.

It's even better to get the facts.

But it's **BEST** to make informed decisions for yourself.

Scan here and choose for yourself!



HIGH VIBES

KNOW THE FACTS ABOUT CANNABIS



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Did you know?

3 out of 10 people who use cannabis develop a substance use disorder.

For teens, that risk is even higher. Teen brains - which are still developing - are especially vulnerable.

Cannabis use by teens can have a lasting negative impact on memory, learning, attention, decision-making, coordination, reaction time, and emotion.

Just like alcohol, cannabis is a depressant, and frequent use is often associated with higher rates of anxiety, depression, and other negative impacts on mental health and emotions, especially in teens.

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KNOW THE DANGERS OF

CANNABIS



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Is cannabis safe?

*Just because cannabis is legal,
doesn't mean its safe.*

Even though cannabis use is now legal in New York State, it's important to remember that it's not safe for everyone - and can be especially harmful to teens.

Cannabis can have negative short and long-term health effects on mental health, memory, learning, and overall brain development.

*Cannabis is sometimes laced with illegal
and dangerous substances*

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