

WHY PEER SERVICES?

“Peers often share a common culture, language and deep understanding of the problems that people in their communities experience. For those reasons, peers can promote recovery, foster resilience and build on strengths to support community integration and help others lead more fulfilling lives. Peer services and support can complement and enhance other health services. Peer specialists have been demonstrated to improve quality of life, promote wellness, increase retention, enhance treatment adherence, and improve coping skills. Peers are an essential part of an effective and efficient service system.” – **Arthur Evans, PH.**

“I’M NOT ALONE
IN THIS...”

OUR AGENCY PHILOSOPHY

At Farnham Family Services, we uphold the highest degree of professionalism, and promote a caring atmosphere to those who are adversely affected by alcohol and other drugs. We will continue our mission with an uncompromising commitment to quality and excellence.



MISSION STATEMENT

The mission of Farnham Family Services is to reduce and eliminate the abuse of alcohol and other drugs in the Oswego community through the provision of treatment services, education, and intervention strategies, as well as networking with appropriate community agencies and providers of addiction related services.



FARNHAM
FAMILY SERVICES

Hope Starts Today.

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FUNDING SOURCES:

NYS Office of Alcoholism and Substance Abuse Services
United Way of Greater Oswego County
Oswego City-County Youth Bureau



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CERTIFIED RECOVERY PEER ADVOCATE (CRPA)

Certified Recovery Peer Advocates are individuals with lived experience who participate in a 46-hour Recovery Peer Advocate training consisting of advocacy, mentoring and education, recovery and wellness, and ethical responsibility.

CRPA's must hold a high school diploma or high school equivalency and pass the International Certification and Reciprocity Consortium (IC-RC) exam. Certification also requires 500 hours of related volunteer or work experience and 25 hours of supervision by qualified supervisory staff.

At this time the OASAS-approved certification entities that can provide this certification are the New York Certification Board and the New York Certification Association.

To make a referral for Peer Services please call Candy Herbert, Recovery Services Coordinator at 315-342-4489 ext. 2995.

HOME AND COMMUNITY BASED SERVICES (HCBS)

Community based, person-centered support to assist individuals in the move from the poverty of addiction to the prosperity of recovery.

PSYCHOSOCIAL REHABILITATION:

Removing or reducing interpersonal and environmental barriers while working toward identified goals in a an individual's recovery plan.

- "Healthy Relationships" training
- Building social "recovery capital"
- Relapse prevention skills

HABILITATION:

Building skills toward community integration.

- Self-directed housing skills
- Financial (budgeting, money management)
- Independent Daily Living Skills Training

FAMILY SUPPORT & TRAINING:

Training and support for families, as requested by the recoveree, toward positive outcomes in the recovery journey.

- Strength based Family trainings on coping skills, relapse prevention, conflict resolution
- Family education on recovery planning

EMPOWERMENT-PEER SERVICES:

Structured Peer-delivered services directed towards removing recovery barriers and moving recoverees toward independence.

- Advocacy
- Outreach and Engagement
- Self-help tools
- Recovery supports
- Transitional Supports
- Pre-crisis and Crisis Supports



PEER SUPPORT SERVICES

Peer support is a **Person-Centered, Recovery Oriented** service delivered by an individual credentialed as a Certified Recovery Peer Advocate (CRPA). The CRPA utilizes their recovery expertise, professional training and lived experience to provide an array of tasks, such as:

- Engaging an individual considering entering treatment;
- Engaging a client to attend treatment or other healthcare services;
- Engaging an individual in continuing care services post-discharge;
- Raising awareness of existing social and other support services;
- Helping peers develop Recovery Plans, learn and practice new skills, modeling coping skills;
- Attending court and other system meetings as a support;
- Supporting another peer in advocating for themselves to obtain services.